

Budget Detail Request - Fiscal Year 2016-17

Your request will not be officially submitted unless all questions and applicable sub parts are answered.

1. Title of Project: Breaking the Cycle- Child to Parent Domestic Violence Program
2. Date of Submission: 01/07/2016
3. House Member Sponsor(s): Jason Brodeur

4. DETAILS OF AMOUNT REQUESTED:

- a. Has funding been provided in a previous state budget for this activity? No
If answer to 4a is ?NO? skip 4b and 4c and proceed to 4d
- b. What is the most recent fiscal year the project was funded?
- c. Were the funds provided in the most recent fiscal year subsequently vetoed? No
- d. Complete the following Project Request Worksheet to develop your request (Note that Column E will be the total of Recurring funds requested and Column F will be the total Nonrecurring funds requested, the sum of which is the Total of the Funds you are requesting in Column G):

FY:	Input Prior Year Appropriation for this project for FY 2015-16 (If appropriated in FY 2015-16 enter the appropriated amount, even if vetoed.)			Develop New Funds Request for FY 2016-17 (If no new Recurring or Nonrecurring funding is requested, enter zeros.)			
	Column: A	B	C	D	E	F	G
Funds Description:	Prior Year Recurring Funds	Prior Year Nonrecurring Funds	Total Funds Appropriated (Recurring plus Nonrecurring: Column A + Column B)	Recurring Base Budget (Will equal non-vetoed amounts provided in Column A)	INCREASED or NEW Recurring Requested	TOTAL Nonrecurring Requested (Nonrecurring is one time funding & must be re-requested every year)	Total Funds Requested Over Base Funding (Recurring plus Nonrecurring: Column E + Column F)
Input Amounts:					242,000	8,000	250,000

- e. New Nonrecurring Funding Requested for FY 16-17 will be used for:
 Operating Expenses Fixed Capital Construction Other one-time costs
- f. New Recurring Funding Requested for FY 16-17 will be used for:
 Operating Expenses Fixed Capital Construction Other one-time costs

5. Requester:

- a. Name: Laurie Reid
- b. Organization: Breaking the Cycle (BTC)
- c. Email: breakingthecycle@contractor.net
- d. Phone #: (954)299-9926

6. Organization or Name of Entity Receiving Funds:

- a. Name: Breaking the Cycle (BTC)
- b. County (County where funds are to be expended) Seminole
- c. Service Area (Counties being served by the service(s) provided with funding) Seminole

7. Write a project description that will serve as a stand-alone summary of the project for legislative review. The description should summarize the entire project's intended purpose, the purpose of the funds requested (if request is a sub-part of the entire project), and most importantly the detail on how the funds requested will be spent - for example how much will be spent on positions and associated salaries, specifics on capital costs, and detail of operational expenses. The summary must list what local, regional or statewide interests or areas are served. It should also document the need for the funds, the community support and expected results when applicable. Be sure to include the type and amount of services as well as the number of the specific target population that will be served (such as number of home health visits to X, # of elderly, # of school aged children to receive mentoring, # of violent crime victims to receive once a week counseling etc.)

BTC is 100% Veteran Owned and Certified by the State of Florida Department of Management Services, Office of Supplier Diversity as a Minority, Women and Service-Disabled Veteran business. In 2011 BTC President Laurie Reid, with over 18 years of experience serving families as a Licensed Marriage and Family Therapist (LMFT) and Certified Addiction Professional (CAP) developed Breaking the Cycle Family Program and authored its curriculum. She attended a national conference supported by a SAMHSA Federal Grant initiative that Seminole County received and discovered the System of Care values and principles. She chose to present to the county Diversion Program Manager a new concept to the then-current domestic violence program by bringing both the parents and child together instead of separate, incorporating evidenced- based concepts and implementing outcome tracking measures. Fully supported by Seminole County Government, BTC created the first CPV Pilot Program within Seminole County that incorporates the parents through a specific proprietary developed curriculum that integrates evidenced-based concepts and outcome measurement tools.

Presently, BTC collaborates with the University of South Florida for outcome measure data. BTC has presented at numerous local, state and national conferences on child-to-parent violence and our program outcomes. Our biggest highlight was being chosen to present at Georgetown University for Child and Human Development annual SAMHSA SOC conference in 2013 and in 2016, presenting at the USF Child, Adolescent and Young Adult Behavioral Health Conference in Tampa. In 2015, BTC was chosen by University of Central Florida to assist with a research study on child-to-parent abuse and violence utilizing our parents.

The Problem: Child-to-Parent Violence

The silent form of Child-to-Parent Violence (CPV) is an all too common domestic violence family secret requiring an understanding that is different from

traditional domestic violence theories. Utilizing a replicable, innovative model that incorporates the Substance Abuse and Mental Health Services Administration (SAMHSA) System of Care (SOC) guiding principles and values, and The National Council for Behavioral Health Trauma Informed Care practices, Breaking the Cycle (BTC) has implemented a proprietary 10-week psychoeducational family group pilot program within Seminole County, for the past five (5) years that addresses teenage assault and battery toward a parent or caregiver.

There are no other programs established within Seminole County to address CPV, a silent yet common form of domestic violence where the adolescent is the aggressor toward the parent or caregiver. Although funding to combine the parent and child was limited only to the adolescent, BTC insightfully continued to serve the entire family. Despite the lack of funds, BTC understands the efficacy of best practices and positive outcomes is attributed to including the parents within this pilot program. Therefore, the continuous inclusion of parents within the current established pilot program, expanding to serve Probationary and Child Welfare families within Seminole County, and implementing this family program to other counties with higher rates of youth domestic violence arrests requires consistent and continued funding. The cost of the pilot program now is \$400 per adolescent.

Parenting a teen is turbulent at best; however, adding a layer of aggressive, abusive or violent behavior prohibits the most functioning parent from parenting effectively. CPV is a growing form of domestic violence and public safety problem with extensive implications for research, policy and intervention. CPV is defined as any harmful and demeaning behaviors by an adolescent that causes physical, psychological and/or financial distress to one's parent or caregiver. The silent suffering of parents and caregivers abused by their adolescent child is a serious and often hidden issue affecting 1 out of 5 families (20%) and perplexing the child and family serving systems they seek for help. According to the Florida Department of Juvenile Justice, Bureau of Research and Planning indicates over 6,100 adolescents were arrested for domestic violence in FY 12-13. In the same year, Seminole County, Florida had 152 adolescents arrested for assault and battery against their parent or caregiver. The next county over, Orange, had 535 adolescents arrested for assault and battery ? the highest total for any county in Florida.

The Solution: Pilot Program Expansion

Although, Seminole County Prosecution Alternatives for Youth Diversion Program (PAY) was established over 18 years ago as a diversion program and now a civil citation program, it supplemented a traditional batterer's intervention course tailored to male batterers and not to adolescent abusers and their parents. At that time, outcome measures for the effectiveness of the program was non-existent.

Although fully supported by the Seminole County Assistant District Attorney, Seminole County Government, and Prosecution Alternative for Youth Diversion Program, Seminole County Prevention Coalition and the Sheriff's Office, funding is limited to only funding the adolescents that attend and not the parents. It is necessary to continue the established pilot program and expand to other family providing systems such as child welfare and probation who are highly interested in having this service dedicated to their specific populations as well. With additional funds, BTC can continue its current pilot program serving the entire family referred by the Seminole County Diversion Program (PAY) and expand to provide this pilot program to other family serving systems within Seminole County. The Seminole County Juvenile State Attorney's Office eagerly requests to start referring probationary families again prior to last year's funding cut. Also, Community Based Care of Central Florida (which oversees three counties; Seminole, Orange and Osceola) has shown great interest to implement this program as

a prevention/intervention model within Central Florida for their child welfare families.

The pilot program expansion goals are to (1) significantly reduce abusive and violent incidents by a child toward a parent or caregiver within the home and (2) promote healthier parent-child relationships that last a lifetime, and (3) expand this program to a larger clientele (i.e., Probationary families, Diversion families, CBC families, etc.). Our expertise in this niche domestic violence specialty is demonstrated by our established five-year contract with Seminole County Government, our current contract with Seminole County Sheriff's Office and previous county funding through the SAMHSA federal funding.

The Outcomes

Prior to the BTC program, the parent and their adolescent attended separate programs, not associated with each other. Parents attended a conventional parenting class whereas the adolescent was sanctioned to a traditional yet scaled-down batterer's intervention program. The year prior to BTC combining the parent and child into one program, the recidivism rate for a juvenile for any crimes was at 32.2%. BTC's outcomes according to USF and Seminole County Clerk's Office show that our program does reduce abusive and violent episodes within the home, increases parent-child communication and most importantly reducing recidivism to less than 3% annually! Ultimately, the goal of this program is to be implemented throughout each county within Florida to address teen aggression, abuse and violence within the home. This replicated model was developed to empower family connections by supporting families affected by teen aggression in the home and develop resiliency skills that break the cycle of family violence.

The Funding

With the requested funding, BTC is allocating \$165,000 for three full-time program staff and \$52,000 for four part-time independent contractors. A one-time non-recurring funding of \$8,000 is allocated to communications, office supplies and program equipment and materials. Overall total program expenses and administrative fee of \$250,000 for FY 2016-2017. BTC respectfully requests \$242,000 thereafter as a multi-year recurring funding for the program. Annually, BTC serves about 80 adolescents from the age of 10 to 18 along with their parent(s) or caregiver(s) referred by the civil citation diversion program. The additional funding will allow BTC to expand its program to all families living in Seminole County experiencing teen aggression within the home without the need for involvement in the diversion program. BTC predicts serving at least 200 families its first year through its 10-week psychoeducational group program including its 80 civil citation referred families.

8. Provide the total cost of the project for FY 2016-17 from all sources of funding:

Federal: 0

State: 0 (Excluding the requested Total Amount in #4d, Column G)

Local: 20,000

Other: 0

9. Is this a multi-year project requiring funding from the state for more than one year?

Yes